

# **HOW TO ENCOURAGE PARENTS TO ENGAGE**

**AUTISM  
FRIENDLY  
GUIDE**



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## AUTISM FRIENDLY GUIDE

# *How to encourage parents to engage*

As an Applied Behavior Analysis (ABA) therapist, it's important to encourage parents to actively participate in their child's treatment. Here are a few ways you can encourage parents to engage in their child's ABA treatment:



## *How to encourage parents to engage*

### **#1**

## ***Communicate with parents***

Regular communication with parents is key to helping them understand their child's treatment and progress. Make sure to keep parents informed about their child's goals, progress, and any changes to the treatment plan. You can also encourage parents to ask questions and express any concerns they may have.



## *How to encourage parents to engage*

### #2

## *Involve parents in therapy sessions*

Parents can be a valuable part of the therapy process. Consider inviting them to observe therapy sessions and providing them with opportunities to practice the skills their child is learning. You can also involve parents in setting goals and creating a reinforcement system at home.



## *How to encourage parents to engage*

### #3

## *Empower parents*

ABA therapy can be intense and time-consuming, and it's important to empower parents to take an active role in their child's treatment. Encourage parents to be advocates for their child and to use the skills and strategies they learn in therapy at home. In addition, ensure that the interventions you are teaching them are appropriate for their current level of skill in order to help increase success.



## *How to encourage parents to engage*

### #4

## *Provide resources*

Parents may have questions or concerns about their child's treatment, so it's important to provide them with resources and support. Consider sharing books, articles, podcasts, or websites that can help parents learn more about ABA therapy and how they can support their child's treatment.



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### **#5**

## ***Be a supportive partner***

Above all, it's important to be a supportive partner to parents as they navigate their child's treatment. Encourage open communication and be available to answer questions and provide support.



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By encouraging parents to actively participate in their child's ABA treatment, you can help ensure that the therapy is as successful as possible. With a little communication and collaboration, you can create a positive and supportive environment that will help your child make progress and achieve their goals.





*A smile  
with every  
step forward.*



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